

Good and Enough Physical Therapy

In-Home Pediatric Physical Therapy

Clarissa Annarella, PT, DPT
English & Spanish Speaking
Serving Orange County, CA

Newborn to
3-years-old
(inquire for older)

What We Treat

- Torticollis
- Reflux
- Premature Birth
- Hypotonia
- General Gross Motor Delays
 - Rolling
 - Sitting
 - Crawling
 - Walking
- Genetic and Developmental Disabilities
 - Autism Spectrum Disorder
 - Down syndrome
 - Cerebral Palsy, etc.

Services Offered

private pay only

- Parent Consultation (FREE call)
- 1 hr. Initial Evaluation (\$300)
- 1 hr. Treatment Session (\$170)
- 30-minute 1:1 Parent Education (\$75)

Where?

- IN-HOME
 - Yorba Linda & Placentia
 - Brea & Fullerton
 - Anaheim Hills & Orange
- *inquire for other cities*

Techniques We Use

- Total Motion Release (TMR)
- Neuromuscular Facilitation (NMF)
- Dynamic Movement Intervention (DMI)
- Stretching & Strengthening

Every child is
“good”
AND
“enough.”



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@good_and_enough_therapy

“Clarissa was so warm and kind...Clarissa always took the time to listen to our concerns and made us feel understood... our daughter made meaningful improvements...Two years later, we happily welcomed Clarissa into our home to check for any issues with our new baby. We felt at ease knowing that in-home help was there when we needed it.”

-Nicole M.